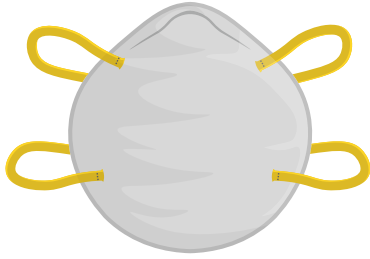


Choosing the Right Mask for You

As supply has increased and variants have evolved, it may be time to upgrade to a higher quality mask. Most important is wearing a mask with the best fit, protection, and comfort for you. While any mask is better than no mask, some offer a higher level of protection than others.

BEST



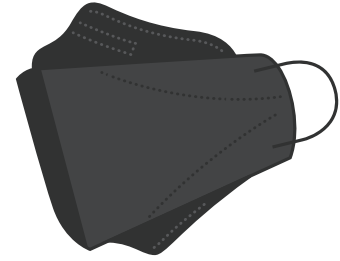
N95 Respirator

NIOSH-approved
When worn correctly, respirators offer the highest level of protection and filter 95% of particles.



KN95 Respirator

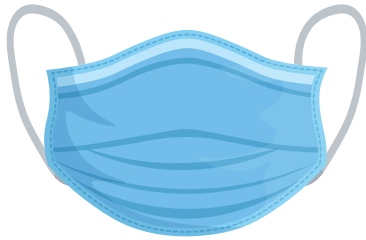
Filtration varies depending on standard
When worn correctly, KN95s provide more protection than disposable masks.



KF94 Mask

Korean Filter 94
When worn correctly, KF94s filter 94% of particles and provide similar protection to KN95 masks.

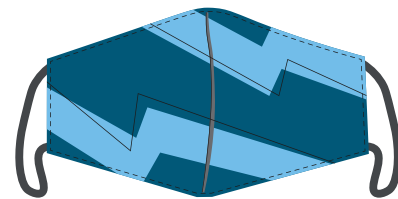
GOOD



Disposable Mask

Also known as surgical or procedure masks
Disposable masks offer more protection than cloth. Those labeled Type 3 or ASTM-3 provide the best protection. Molding the mask to fit your face snugly around the edges improves protection.

FAIR



Cloth Masks

Non-medical, made of fabric
Layered finely woven cloth masks offer more protection.
Loosely woven cloth masks provide less protection.

Avoid Counterfeit Masks

Legitimate N95s should be stamped with the text "NIOSH," manufacturer name, model and lot numbers as well as a "TC approval" number.

Legitimate KN95s should be stamped with manufacturer name, model and "GB2626-2019," the most recent Chinese quality control standard.

KF94s aren't stamped with text. Packaging should say "Made in Korea" and include product, manufacturer and distributor name.

Masks and respirators should not be worn by children younger than 2 years old.



Mount Desert
Island Hospital