

Good Medicine

News from the Heart of MDI Hospital

Fall 2024

... where the future of rural health care delivery is taking shape.

MDI Hospital Hosts Annual Community Celebration in September

Special Evening Highlights Medical Education, Innovative Care, & Infrastructure Expansion





Lisa Parsons and Janice Lowe

Ray Chalifour, Donna Chalifour, Vince Messer, Jacquie Colburn, and Ken Colburn

Mount Desert Island Hospital's new Kogod Center for Medical Education, expanding infrastructure with a new climate-resilient central utility plant that reduces reliance of fossil fuels, and planning for renovation and expansion of the Emergency Department were just some of the accomplishments highlighted at the organization's 2024 Community Celebration in September.

Friends, supporters, and community members gathered at the Bar Harbor Club to hear remarks from MDI Hospital President/CEO Chrissi Maguire. Maguire spoke about the innovative new Kogod Center for Medical Education, a new home for the Hospital's Medical Education program led by Director of Medical Education Dr. Nate Donaldson and Program Coordinator Ann Worrick. This project was designed to train the next generation of medical education students by helping them to achieve individualized experiences in a variety of rural healthcare specialties. "Completion of the new Kogod Center for Medical Education provides much-needed housing for students and residents who are critical to our staffing model," says Maguire. For 2024, the organization will host more than 60 students, serving as the first of a series of major campus upgrades planned at MDI Hospital.

... continued on page 3









A Message from Chrissi Maguire, MDI Hospital's President/CEO



Chrissi Maguire, President & CEO of MDI Hospital, welcomes community members to the Kogod Center for Medical Education during a Business After Hours event

As the days begin to shorten and the cool temperatures sneak in, I take pause to reflect on all we have accomplished thus far, and the ambitious goals that still lie ahead. It's clear that our growth has been driven by the unwavering generosity and commitment of our community. Without you, MDI Hospital would not exist as we know it today.

As patients, you inspire us to strive for the best quality healthcare we can provide. We are continually seeking to bring caregivers to our Island who bring specialties and skills that are most needed here. You've told us in countless ways that you value the personalized care that is our hallmark—most recently, your feedback has led U.S. News and World Report to award MDI Hospital its highest 5-star rating for Patient Experience. We are honored by this recognition, and we thank you.

As supporters and friends, you are a lifeline in MDI Hospital's progress. Just as seasons bring change, they also bring a sense of familiarity and comfort. While MDI Hospital is looking ahead, evolving, and actively planning for a bolder, brighter future, we remain mindful of

what makes our Hospital and Island community unique. Our plans to upgrade and modernize our campus will advance the health and well-being of all we serve, while preserving the sense of personal, trusted care you've come to know and expect.

MDI Hospital will be more accessible for patients and visitors than ever before, with an expanded, state-of-the-art Emergency Department, improved and renovated Surgical Suites, and new, separate entrances for the main Hospital and the ED. We are committed to meeting urgent community needs head-on in areas like behavioral health, obstetrics, primary care, and medical education.

Because of your generosity, we've been able to navigate challenges, seize new opportunities, and continue making a meaningful impact on those we serve. Together, we're stronger; together, we make our community safer and healthier.

With deep gratitude,

Christina llaguere

Christina J. Maguire, President/CEO

...Community Celebration, continued from page 1

As part of MDI Hospital's efforts to provide the community with integrated care, the organization is investing in a series of infrastructure expansions and renovations. Maguire was pleased to report that MDI Hospital's Emergency Department has secured \$5 million in federal funding by U.S. Senator Susan Collins, vice chair of the Senate Appropriations Committee, and U.S. Senator Angus King, to expand the current ED to three times its current size. Plans also include upgrades to the Hospital's Surgical Suites and a new, more accessible main entrance from Bar Harbor's Main Street. The organization has also prioritized behavioral health by investing in increased staffing for all ages, enhancing child and adolescent therapy support, co-founding the MDI Regional Wellness Coalition, and partnering with Healthy Acadia and other regional agencies to provide substance use disorder treatment. "Behavioral health remains a key priority, and we are steadfast in our dedication to expanding access to mental health services in our region," says Maguire. "Together, we are building a bolder, brighter future for healthcare in Downeast Maine."

To learn more about MDI Hospital and to view our 2023–2024 Impact Report, visit mdihospital.org.



2024 Impact Award Recipients

MDI Hospital's Impact Awards, established in 2020, honor and celebrate community leaders and partners who have made significant contributions to improving the health and wellness in the MDI region.

Business Partner of the Year:

Kebo Valley Golf Club, recognized for its charitable supports, including the annual David R. Harding Memorial Golf Tournament, which raises over \$30,000 for the Hospital.

Community Partner of the Year:

Darron Collins, former President of College of the Atlantic, for his visionary leadership and support of MDI Hospital's Medical Education program.

Healthcare Partner of the Year:

Good Shepherd Food Bank, for addressing food insecurity in Hancock County through partnerships and programs that improve access to healthy food.



Dana Fadley, Peiter DeVos of Kebo Valley Golf Club, and Chrissi Maguire



Darron Collins, former President of COA, and Chrissi Maguire



Chrissi Maguire with Heather Paquette, Martha Lefebvre, and Laura Vinal of Good Shepherd Food Bank

Annual Fundraiser Benefits Top-Quality Patient Care Ruth Marie Colket hosts MDI Hospital's 2024 Benefit Dinner







Guests arrived for cocktails in Kenarden's Italian Garden

On a spectacular summer evening in July, more than 250 guests gathered at the home of Ruth Marie Colket for MDI Hospital's 2024 Benefit Dinner. As a result of the generosity of attendees, sponsors, benefactors, and supporters, this year's event raised a remarkable \$604,000 in support of the Hospital's lifesaving programs and services.

Guests enjoyed cocktails in Kenarden's stunning Italian Garden where they heard remarks from Colket family members; MDI Hospital's President and CEO, Chrissi Maguire; and three very special guests, Wyatt Fountaine and his parents Stephanie and David. In February 2023, Wyatt's lung collapsed and his Mom rushed him to MDI Hospital where he had two emergency surgeries to save his life before being transferred to a Portland, Maine hospital for specialized care.

Today, Wyatt is thriving because of the care he received at MDI Hospital. "I want to thank you all for supporting our island hospital, it is very important to our community and to my family," said Wyatt as he addressed event guests. "Because of you and the care I received at MDI Hospital, I can stand here tonight to tell you my story and continue to reach for my dreams."



Rusty Ressler, Carla Marino, Bridget Crooks, Gary Crooks, Joanne Berwind & Susan Sherman



Guests enjoying dinner under the tent overlooking the Breakwater



Special guests Wyatt, David, and Stephanie Fountaine

"Because of you and the care I received at MDI Hospital, I can stand here tonight to tell you my story and continue to reach for my dreams."

—Wyatt Fountaine, Grateful Patient



Bryan Colket and Chrissi Maguire

We are deeply grateful to our Business Sponsors and Benefit Patrons for their generous support of our 2024 Annual Benefit Dinner.

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And many other outstanding individuals who helped make this event possible!

Ribbon Cutting Celebrates Grand Opening of Kogod Center for Medical Education



Kogod family members and friends visit the newly opened Kogod Center for Medical Education

In August, MDI Hospital held a special ribbon-cutting ceremony to celebrate the grand opening of The Kogod Center for Medical Education. The new construction, a passive-solar and carbon-neutral building, was made possible by a transformational \$3 million gift from long-time Hospital supporters Bob and Arlene Kogod.

"There is currently a gaping deficiency of doctors locally and nationally who are trained in the needs particular to rural medicine," said Stuart Kogod, son of Bob and Arlene. "Our MDI Hospital has taken the lead on this serious issue by piloting and now running a training program of the highest quality. The missing piece to the program on this housing-starved island is residences for the trainees."

With 8 dedicated rooms, the Kogod Center provides housing and conference space for medical education students and residents who come to MDI for their rural rotations, which range between 2 weeks to 9 months. In 2024, MDI Hospital hosted more than 60 students and residents from leading institutions such as University of Pennsylvania, Tufts University, and University of New England.

"The Kogod Center offers medical residents and students an opportunity to experience rural medicine," said Hospital President and CEO Chrissi Maguire. "And it will inspire the next generation of caregivers that will come back and change the way healthcare is delivered on MDI."

New Directions in Medical Education



MDI Hospital's Medical Education students & their home institutions From spring 2024 through spring 2025

Tufts University School of MedicineMaine Track: 2 medical students

University of Pennsylvania/Penn MedicineEmergency: 6 residents
Behavioral Health: 2 residents

University of New England

Pharmacy: 2 students

Emergency Medicine: 5 medical students

Surgery: 2 medical students

Maine Health Family Medicine Family Medicine: 2 residents

Central Maine Healthcare Family MedicineObstetrics: 1 resident

Harvard Emergency Medicine Emergency Medicine: 1 resident

Maine Dartmouth Family Medicine

Obstetrics: 1

Maine Health General Surgery

Surgery: 1

University of Kansas Music Therapy: 1 intern

Nate Donaldson, MD, and Ann Worrick pictured with medical education students Nicholas Baker and Jack Marcucci, and donor Martha Stewart

Earlier this year, MDI Hospital welcomed Nathan Donaldson, DO, MHA, FACEP, to his new position as Director of Medical Education. Dr. Donaldson is a board-certified emergency physician who previously served as Director of MDI Hospital's Emergency Department. "With our Medical Education rotations at MDI Hospital," he says, "we hope to expose students to rural medicine and rural life so that they may choose this option when they are finished with training. This can benefit students, as well as the rural community for which they may ultimately serve."

Dr. Donaldson is seeking to expand student opportunities in Community Health, Emergency Medicine, and Surgery. Additionally, he says, "We are looking into the feasibility of hosting a full Family Medicine Residency at MDI Hospital. If deemed appropriate and approved, this would be a 5-year process that would bring 2-4 new residents to the Hospital, year-round."

In September, Dr. Donaldson participated in the closing session of our four-part Topics in Modern Health Speaker Series. His presentation covered MDI Hospital's newest Medical Education enhancements and developments, along with updates from the Emergency Department.



Thank you to our 2023-24 Business Friends Society Members!

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Annual Golf Tournament Raises \$30,000 for Mount Desert Island Hospital









Mother Nature may have rained on our parade for the original golf tournament date, but we were able to use a mulligan and 100 golfers enjoyed a beautiful fall day golfing for a great cause on October 1st at Kebo Valley Golf Course.

The 31st Annual David R. Harding Memorial Golf Tournament, presented by Title Sponsor Bar Harbor Bank & Trust, raised more than \$30,000 in support of the Hospital's mission to provide access to high-quality, compassionate healthcare to everyone in the Mount Desert Island region and beyond.

TOURNAMENT WINNERS

100 golfers participated in the 2024 tournament, which took place October 1st at Kebo Valley Golf Club in Bar Harbor. The winners are:

Gross:

Josh Shelton, Chris Shelton, Kyle Richardson, and Zach Worcester with a score of 59

Net:

Curtis Simard, Scott Toothaker, Clyde Lewis, and Steve Munger with a score of 53.6

Mixed:

Chrissi Maguire, Brumbi Grant, Jamie Cole, and Aiden Drumbtas with a score of 49.95

Specialty Prizes:

Closest to the Pins: Hole #4 Eric Fitch 8-4 Hole #6 Sam Houston 27-3 Hole #9 Brumbi Grant 2-0

Long Drives:

Aaron Guthier and Brumbi Grant

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Construction Updates

Construction is underway on our new Central Utility Plant (CUP) building to upgrade and modernize aging mechanicals with greener, more efficient technology capable of powering future expansion. Once completed in early 2025, this project will greatly improve MDI Hospital's ventilation, heating, and electrical infrastructure; maximize energy efficiency; reduce reliance on fossil fuels; and serve as the platform for modern medical technologies and equipment. The Central Utility Plant upgrade paves the way for our planned campus expansion, which will renovate and expand the Hospital's Emergency Department, a lifesaving safety net for this community, to three times its current size. Plans also include upgrades to the Hospital's Surgical Suites and a new, more accessible main entrance from Bar Harbor's Main Street.



Pink on the Links

Annual golf scramble raises funds for Breast Health Center



Laura Morris and Cheryl Novins, co-chairs of the Kebo Ladies League, present the check for this year's Pink on the Links event to Chrissi Maguire, President and CEO, and Philip Pizzola, Director of Medical Imaging

Thank you to the Wednesday Ladies League of Kebo for putting on the Pink on the Links golf scramble this summer. 92 golfers hit the golf course and purchased raffle tickets to support MDI Hospital's Breast Health Center. In total the event raised \$6,200!

Cheryl Novins, a co-chair of the league alongside Nancy Fitzgerald and Laura Morris, said, "We are excited about the success of the event and feel fortunate that we have so many local businesses sponsor holes and donate gift certificates and lovely items to our raffle. The golf course was full of pink-wearing golfers and it was wonderful to see so many locals come together for such a worthy cause."

The Breast Health Center at MDI Hospital is committed to providing personal, compassionate care for women along the entire spectrum of breast health, in a calm and inviting atmosphere. With comprehensive, state-of-the-art breast imaging and a full range of diagnostic screenings available for the early detection of breast cancer, the Breast Health Center is the only Breast Imaging Center of Excellence in Downeast Maine.

Thank you to the Ladies League, Kebo Valley, and all the golfers who participated in this event for your steadfast support and generosity.

Breast Health Center at MDI Hospital

10 Wayman Lane • Bar Harbor, ME 04609 • 207.288.8435

Tax-Smart Giving: Benefits for You

Did you know there are several ways to make a gift to MDI Hospital that may help reduce your taxes*?



Do you own appreciated stock?

Gifting appreciated stock directly to MDI Hospital helps you avoid capital gains taxes and qualifies you for an income tax deduction. It's like writing a check but with the added benefit of eliminating capital gains taxes.



Do you have a Donor Advised Fund (DAF)?

Making a distribution from your DAF to MDI Hospital is a convenient way to support healthcare on Mount Desert Island. Recommend a grant now to make an immediate impact, or name MDI Hospital as a beneficiary for future support.



Do you have an Individual Retirement Account (IRA)?

Leverage your retirement assets to make a tax-smart gift to MDI Hosptial. If you're 70.5 or older, request a Qualified Charitable Distribution (QCD) from your retirement account. Give up to \$105,000 per year from your IRA directly to MDI Hospital, satisfying part or all your required minimum distribution without income tax on the distribution.



Do you own appreciated real estate?

Donating appreciated real estate to MDI Hospital can provide significant tax benefits. You avoid capital gains taxes on the appreciation and receive an income tax deduction for the property's fair market value. This makes it a smart way to support high-quality healthcare while maximizing your tax savings.

We Are Here to Help

For more information, contact Claire Sasner, Donor Engagement Officer, at 207.801.5571 or at claire.sasner@mdihospital.org